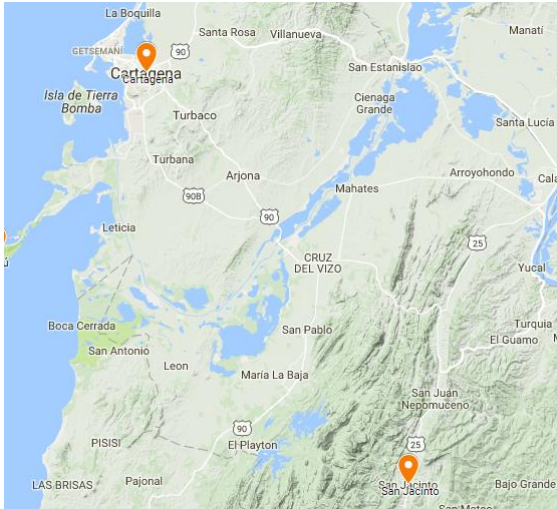


THE JAGUAR'S FOOTPRINT

AREA DESCRIPTION:

The Montes de María (MM) is a sub-region of the Colombian Caribbean. The MM is composed of mountains whose highest point is about 1,000 meters above sea level.



The Sanctuary of Flora and Fauna Los Colorados is located within the Montes de María. This sanctuary is a protected area of great ecological importance because it is one of the last remaining dry forests still intact in the Montes de María. It has around 280 species of birds and 44 species of mammals among which is the red monkey. The fauna and flora of this ecosystem (Dry Forest) is one of the most threatened ecosystems in the world.

The Montes de María also is a benchmark of artistic and cultural traditions of the Colombian Caribbean.

OVERVIEW:

Explore with us the Montes de María and discover its nature, history of an ancestral people and the culture that comes from three races.

HIGHLIGHTS:

- **Explore** the Montes de María region.
- Hiking to **discover** the flora, the fauna and petroglyphs left by the ancestral people of this region.
- **Feel** the region's culture, famous because of its history, its gastronomy and its music



INFO AND BOOKING:

☎ (+57) 300 600 6700

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ITINERARY:

At 5:30 am we drive out Cartagena to the Montes de Maria. Here we do hiking to discover the flora, the fauna and petroglyphs left by indigenous people of this region. At 12:30 p.m. approx., we have a typical lunch of the area. At 2:00 p.m. approx., we visit the city of San Jacinto to learn about the history and culture of this region. At 2:30 p.m. approx, we return to Cartagena.

Approximate driving time: 4 hours.

Approximate walking time: 3,5 hours.



DETAILS:

- Departure from Cartagena: 6:00 a.m.
- Duration: 12 hours (Approx.).
- Small group trip (8 spots).
- Departures: On request.
- Price: 165 USD per person
- Language: Spanish, English.

INCLUDES:

- Hotel pickup and drop-off.
- Breakfast
- Typical lunch.
- Trip leader.
- Hiking tour with a local guide.
- Cultural Tour at San Jacinto.

DOES NOT INCLUDE:

- Hydrating beverages, services not specified in the plan and personal expenses.



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PHYSICALITY, TRAVEL STYLE & CULTURAL SHOCK:

These trips involve hiking or walking for up to three hours (4 miles approx.) a day at a slow pace on undulating terrain, with small rocks and we cross shallow streams. The itinerary takes place in remote areas, involve various types of transport and rough roads. To enjoy these adventures we suggest reasonable fitness and health, a moderately active lifestyle and have a positive attitude. Be prepared for potential variable weather conditions (Rain).



Due to the nature of the activities undertaken in this trip, pregnant women, children under 7 years old and minors unaccompanied by their parents or legal guardians are not allowed.

WHAT TO BRING:

- Your personal medication.
- Water.
- Sunscreen and a cap.
- Insect repellent.
- A day pack for you to carry your personal items.
- Close toe shoes and long pants are mandatory because our hike is in the forest, there is mud, streams and rocks on our path and also Sandals (Flip Flops) work a lot after the hiking (Please see the pictures attached)
- A light rain jacket or an umbrella in case If rain is on the forecast and you don't want to get wet (May-Nov)
- An extra change of clothes in case if it's needed
- For health and vaccination we recommend seeing the www.colombia.travel website.