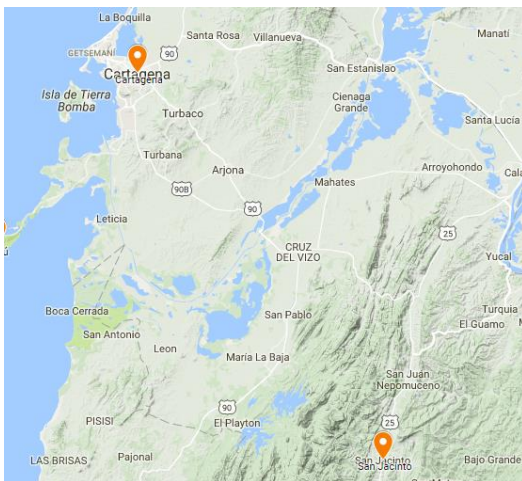


The Jaguar's Footprint

Area Description:

The Montes de María (MM) is a sub-region of the Colombian Caribbean. The MM is composed of mountains whose highest point is about 1,000 meters above sea level.



The Sanctuary of Flora and Fauna Los Colorados is located within the Montes de María. This sanctuary is a protected area of great ecological importance because it is one of the last remaining dry forests still intact in the Montes de María. It has around 280 species of birds and 44 species of mammals among which is the red monkey. The fauna and flora of this ecosystem (Dry Forest) is one of the most threatened ecosystems in the world.

The Montes de María also is a benchmark of artistic and cultural traditions of the Colombian Caribbean.

Overview:

Explore the nature of Colombia on this unique hike that explores the history of our indigenous people. We will see flora, fauna, petroglyphs, and more before learning about the vibrant culture of the region. Learn how to play La Gaita music and see why we love the region so much!

[Watch the Day Trip Video](#)





Highlights:

- **Explore** the Montes de Maria region.
- Hike to **discover** the flora, the fauna and petroglyphs left by the ancestral people of this region.
- **Feel** the region's culture, famous because of its history, its gastronomy and its music

Itinerary:

At 6:00 am we drive out Cartagena to the Montes de Maria. Here we do hiking to discover the flora, the fauna and petroglyphs left by indigenous people of this region. At 12:30 p.m. approx., we have a typical lunch of the area. At 2:00 p.m. approx., we visit the town of the region to learn about the history and culture of this region. At 3:00 p.m. approx, we leave the region.

Approximate driving time: 4 hours.

Approximate walking time: 3,5 hours.



Details:

- Pick up time: 6:00 a.m.
- Duration: 11 hours (Approx.).
- Small and Shared group trip (8 spots).
- Price: 159 USD per person
- Language: Spanish, English.

Includes:

- Hotel pickup and drop-off.
- Breakfast
- Typical lunch.
- Trip leader.
- Hiking tour with a local guide.
- Traditional music workshop

Does not Include:

- Services and items not specified in the plan
- Personal expenses.
- Tips

Physicality, Travel Style & Cultural Shock:

These trips involve hiking or walking for up to 3,5 Hours, 4,5 Miles approx. and 669 ft of Elevation Gain a day at a slow pace on undulating terrain, with small rocks and sometimes mud. We cross shallow streams.

The itinerary takes place in remote areas, involve various types of transport and rough roads. To enjoy these adventures we suggest reasonable fitness and health, a moderately active lifestyle and have a positive attitude. Be prepared for potential variable weather conditions (Rain May-Nov).

Due to the nature of the activities undertaken in this trip, pregnant women, children under 12 years old and minors unaccompanied by their parents or legal guardians are not allowed.



INFO AND BOOKING:


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What to Bring:

- Your personal medication.
- Extra water. (We provide one bottle of water for the hike).
- Sunscreen (**No sweet smell**) and a cap.
- Insect repellent.
- A day pack for you to carry your personal items.
- Close toe shoes and long pants are mandatory because our hike is in the forest, Mud, streams and rocks are on the path.

- Sandals, Flip Flops, or something else to wear after the hike, due to the shoes may get wet and muddy
- A light rain jacket. Rain (May – Nov).
- An extra change of clothes in case if it's needed
- Cash for souvenirs

